

**Part One: Reading
A/ Comprehension:**

15 points)
(08 points)

Read the text carefully to do the activities.

Processed and fast foods are high in salt and include high fructose rate in most of them. Sugar and salt create a taste that makes people crave for these foods, a sensation that many describe as an addiction. Both sugar and salt intake increases brain attack risks, especially when consumed daily for years. Additionally, high salt does not merely raise blood pressure; it also causes microvascular haemorrhaging.

We know that people have the power to change when significant effort and attention are directed to their lifestyle problems. With good information, emotional support, increased healthy food availability and food preparation instruction, we have found people motivated and willing to work together for change. They do not have to be convinced of the tragic dangers of fast food; they see the obesity, diabetes, leg amputations, strokes, and blindness all around them. The more people know the critical importance of eating healthfully, and the more they take a stand, the greater the effect will be on improving the health of all; thus saving millions of lives.

Adapted from: The American Journal of Lifestyle Medicine, vol2, no5, by Joel Fuhrman, MD, Oct 2017

1. Choose the answer to complete each statement.

- A. People's addiction to fast foods is due to the of salt and sugar they contain.
a. smell b. savour c. character
- B. Regular consumption of salt and sugar brain attack risks.
a. reduces b. stabilizes c. augments
- C. With effort, people will change their eating habits.
a. considerable b. mere c. little

2. Identify the paragraphs in which the following ideas are mentioned.

- a. People are already aware of the bad effects of fast foods.
b. People show a strong desire for fast foods.

3. Answer the following questions according to the text.

- a. What sensation do processed and fast foods create?
b. Do people need to be persuaded to eat healthy food? Justify from the text.
c. What is the effect of knowing the necessity of eating healthfully?

4. Choose the most appropriate title.

- a. Healthy Food.
b. The Dangers of Fast and Processed Foods.
c. Fast Food Consumption.



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B/ Text Exploration

(07 points)

1. Find in the text words or phrases that are opposite in meaning to the following.

low (§1) ≠

lack (§2) ≠

losing (§2) ≠

2. Divide the following words into roots and affixes.

sweeten - blindness - unhealthful

Prefix	Root	Suffix

3. Combine each pair of sentences with the connectors given between brackets. Make changes where necessary.

a. Processed food is salty. It endangers our cardiovascular system. (sothat)

b. People know about the bad effects of fast foods. People still crave for fast foods. (although)

4. Reorder the following sentences to get a coherent passage.

a. They can be accessed easily and quickly.

b. Fast foods do not just refer to the foods in fast food restaurants.

c. that people often eat multiple times per day.

d. They include all high calorie, low-nutrient foods

Part Two: Written Expression

(05 points)

Choose ONE of the following topics:

Topic One:

More and more of your schoolmates are eating sweet and salty foods that create health problems far beyond diabetes and high blood pressure. Write a speech of about 80 to 120 words to sensitise your schoolmates about the serious consequences of over consuming salt and sugar and advise them how to keep healthy.

Make the best use of the following notes:

- Cardiovascular diseases/ Kidney Failures / Obesity ...
- Practising sport
- Good eating habits..

Topic Two:

You have recently been fired from your company and replaced by a manager's relative for no obvious reason. You felt upset about this act of nepotism that has become a frequent practice. Write an article of about 80 to 120 words for the local newspaper to denounce such an unethical behaviour.



الموضوع الثاني

Part One: Reading

(15 points)

A/ Comprehension:

(08 points)

Read the text carefully to do the activities

Piracy derives from a wilful determination not to respect the rights of others. Pirates often violate the rights of authors, publishers, and broadcasters whose livelihoods depend on the recognition of copyright. They intentionally attempt to profit from their creations. There is no doubt some people do not understand the rights of others, and may negligently infringe copyright.

A leading expert in the field of intellectual property says that pirates of intellectual property are criminals usually engaged in the theft of the products of other peoples' talents, skills, and investment. Since 1992, the problem of piracy has grown and has been understood as a worldwide phenomenon often involving the most advanced forms of organised crime. In addition, piracy has in the past decade revealed a new aspect through its emergence and unprecedented growth over the internet.

The problem of piracy has attracted repeated and sustained attention from governments and law enforcement officials. Treaties and international agreements have focused on its elimination. The UNESCO in particular has long recognised that the rights of authors and artists are endangered by the spread of piracy and that measures to prevent it were crucial.

Adapted from secureswissdata.com

1. *Say whether the following statements are true or false.*

- Piracy infringes others' rights and creations.
- Piracy is committed with good intentions.
- Internet has reduced the spread of piracy.
- There is a worldwide agreement on eradicating piracy.

2. *Identify the paragraphs in which the following ideas are mentioned.*

- Fighting piracy is vital.
- Piracy is a purposeful act.

3. *Answer the following questions according to the text.*

- Why do some people engage in intellectual piracy?
- Is piracy restricted to few countries? Justify from the text.
- Why is it important to fight piracy?

4. *Find what or who the underlined words in the text refer to.*

They (§1) its (§2)

B/ Text Exploration

(07 points)

1. Find in the text words or phrases that are closest in meaning to the following:

intentional (§1) = lawbreakers (§2) = threatened (§3) =

2. Complete sentence (b) so that it means the same as sentence (a).

1. a. Digital piracy harms creativity.
b. Creativity
2. a. If governments do not fight piracy, businesses will suffer big losses in revenue.
b. Unless

3. Classify the following words according to the pronunciation of the final /ed/.

revealed - advanced - repeated - endangered

/t/	/d/	/ɪd/

4. Fill in each gap with the appropriate word from the list given.

- achievable - promote - effects - victims

Cultural industries - including books, audio-visuals and multimedia - generate jobs, income and revenue. They also ...1... cultural diversity at local and international level. However, they are at the same time often ...2... of copyright theft. While the full eradication of piracy in this field may not be ...3..., it is possible that its worst ...4... be limited or neutralised.

Part Two: Written expression

(05 points)

Choose ONE of the following topics:

Topic One:

Piracy has become a real issue that affects the cultural and intellectual fields mainly. Being an artist yourself, you have realised that your creations are being pirated. Write an article of about 80 to 120 words for a local newspaper to denounce such an unethical act and suggest measures to fight this malpractice.

Make the best use of the following notes:

- reduce revenues of software industry
- kill creativity
- enforce anti-piracy laws
- sensitise people about the effects of piracy

Topic Two:

The Olympic Games will be held very soon. We will be watching the event live from the stadiums thanks to satellites. Write an article of about 80 to 120 words in which you explain to your fellow citizens the benefits of using artificial satellites in telecommunications.